



Forever Learning: Limitless potential for every child

26-27 PE Curriculum Map (Reception - Year 2 use **BSC Aut term**/Real PE Spring/Summer term)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Develop core strength Spatial awareness Hand eye coordination	Balancing Stretching, arm strength (shoulders, elbows, cross body movements)	Jumping, climbing	Travelling in different ways	Control, agility, coordination, confidence	Healthy bodies and healthy eating
Reception (1 hour with Ballers coach)	INDOOR BSC Foundation Health and wellbeing (Understanding what we mean by movement and exercise)	INDOOR BSC Foundation gymnastics: moving (Explore moving and making shapes with different body parts)	INDOOR Real PE Social Unit 2	INDOOR Real gym Cognitive Unit 2	INDOOR Real PE Physical Unit 5	INDOOR Real PE Creative Unit 4
Year 1 (1 hour with Ballers coach and 1 hour with class teacher)	OUTDOOR BSC Year 1 Health and wellbeing (Introduce and explore agility) INDOOR Real Gym Personal Unit 1	OUTDOOR BSC Year 1 Locomotion jumping (Recap jumping) INDOOR Real PE Personal Unit 1 (Across Autumn term due to Christmas rehearsals)	OUTDOOR Real PE Cognitive Unit 3 INDOOR Real Gym Cognitive Unit 2	OUTDOOR Real PE Physical Unit 5 INDOOR Real PE Personal Unit 1 (Continued from Autumn term due to outdoor slots and weather)	OUTDOOR Real PE Creative Unit 4 INDOOR Real PE Social Unit 2 (Continued from Autumn term due to outdoor slots and weather)	OUTDOOR Real PE Health and Fitness Unit 6 INDOOR Real Dance Creative Unit 1

Year 2 (1 hour with Ballers coach and 1 hour with class teacher)	OUTDOOR BSC Year 2 Health and wellbeing (Consolidate agility) INDOOR REAL DANCE Social Unit 1	OUTDOOR BSC Year 2 Ball skills feet Develop dribbling – keeping possession INDOOR Real PE Social Unit 2	OUTDOOR Real PE Health and Fitness (lessons 1-3) Unit 6 Creative (lessons 1-3) Unit 4 INDOOR REAL PE Health and Fitness Unit 6 (lessons 4-6) Creative Unit 4 (lessons 4-6)	OUTDOOR Real PE Health and Fitness Unit 3 INDOOR REAL GYM Cognitive Unit 2	REAL GYM Personal Unit 1 Catch up/Recap /Sports Week and Sports day practice	OUTDOOR Real PE Physical Unit 5
---	--	--	---	---	--	------------------------------------