



# Victor Seymour Infants' School

Newsletter 16: 9/1/26

Dear Parents, Carers and Guardians,

Welcome back to school! We hope that you have all had a wonderful first week back in the school routine and 2026 has started as positively as possible, if a little chilly!



We started our first day back to school with a burst water pipe in Gold class! As always, the VSI team jumped in to fix pipes, sweep water out of class, save resources, find dehumidifiers... It was an incredible demonstration of teamwork at its best.

Thank you to the following staff for going above and beyond this week: Mr McCoy, Mrs Huggett, Mrs Harding, Mrs Karmoumi, Mrs Wilkinson (and Mr Wilkinson), Mrs Gauci and everyone else who jumped in with a pair of wellies and a broom! Thank you to the Silver class team and Mouse's House for giving Gold class a home for the week.

THANK YOU for being you ❤️



## Tough Tortoise Awards



In our Celebration assembly we have celebrated Tough Tortoises! The following children have shown great resilience in all that they have done this week:

Charles, Ed, Amber, Abigail, Greyson, Hayley, Jesse M, Arthur, Janae and Olivia.

## School Dinner Menu Update

Our Spring menu has sandwiches as an option only on a



**Monday** and a **Friday**



Have a wonderful weekend and stay safe!

Samantha Morrissy

Our VSI calendar can be found on our website [here](#).

## We're Recruiting!

We are recruiting an admin assistant to join our front office team. If you or anyone you know is interested please click on the [link](#).



## Victor Seymour pupil on ITV News!



**Jamie** and Archie along with their family have recently been on the ITV news! Archie has a combination of rare and complex medical conditions that make him one of a kind.

Archie faces additional challenges of global developmental delay, profound hypotonia, difficulties with feeding and digestion, gastroesophageal reflux disease, bowel problems and an unsafe swallow.

Alongside all of these Archie has a thyroid agenesis, meaning his thyroid never developed which is an extremely rare cause of congenital hypothyroidism as well as being diagnosed with PTEN Hamartoma Tumor Syndrome, a rare condition affecting around 1 in 200,000 people.

Archie's family have set up a GoFund me link to raise awareness of the rare conditions like his and support Archie's ongoing medical care and equipment that will give him the best support to thrive and grow.

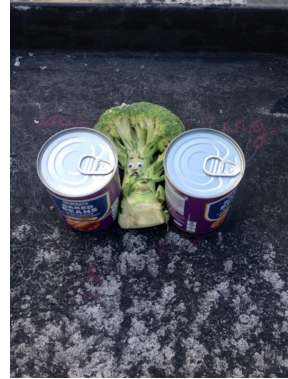
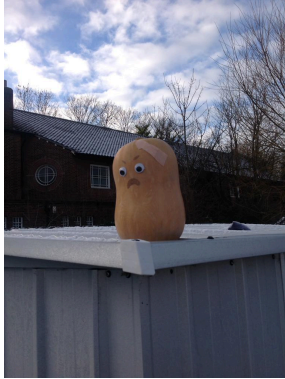
If you would like to donate please use the link below.

The GoFundMe link is: <https://gofund.me/ffd5b1299>



## Who's been trapping the vegetables in Reception?

The children were curious to explore the outside area and find different fruits and vegetables that had been trapped by a mysterious visitor. Clara informed Mr McCoy and instructed him to check the security cameras.



## Beware!

If you see this character please inform your class teacher!





**THURSDAY  
15TH  
JANUARY**

## *Special Menu*



Chicken  
Nuggets

Quorn  
Nuggets

Criss Cross Fries



Sweetcorn or  
BBQ Beans



Strawberry  
Ice cream



Good food Love food Taste food



GREENSHAW  
LEARNING TRUST

# Recruiting Now

The Greenshaw Learning Trust is always learning.

## Admin Assistant

- ✓ £29,436 - £31,611 per annum (£8,943.17 - £9,603.97 per annum pro-rated)
- ✓ 13 hours per week, 8:30 - 3:30pm Thursdays and Fridays
- ✓ Permanent, Term time only
- ✓ Being part of a great team and expanding organisation
- ✓ Generous pension scheme
- ✓ An Employee Assistance Programme

[FIND OUT MORE | APPLY NOW](#)



## Spring Term 2026

### Spring 1

**9/1/26: PTA Hot Chocolate sale**

13/1/26: Y1 trip to the Young V&A

6/2/26: **Indigo** Class Assembly  
(in hall at 9am)

10/2/26: Y1 Learning Showcase  
9am and 2:45pm

11/2/26: Reception trip to the Co-op

11/2/26: Y2 Learning Showcase  
9am and 2:45pm

12/2/26: YR Learning Showcase  
9am

13/2/26: INSET day  
(school closed to pupils)

16/2/26 - 20/2/26: HALF TERM

### Spring 2

23/2/26: INSET day  
(school closed to pupils)

24/2/26: Children back to school

27/2/26: **Turquoise** Class Assembly  
(in hall at 9am)

5/3/26: World Book Day

6/3/26: **Green** Class Assembly

9/3/26 - 12/3/26: Book Fair

9/3/26: Parents Evening 1  
10/3/26: Parents Evening 2

**13/3/26: PTA Mufti-day**  
**Bring an Easter Egg and wear your own**  
**clothes.**

18/3/26: Reception Trip to Bocketts Farm

20/3/26: Red Nose Day

**27/3/26: PTA Easter Egg Tombola**  
27/3/26: End of term

## Wraparound care

A kind reminder that payments for ASC, BC and Nursery are due on the following dates (we've changed January):

- 9th January 2026
- 6th February 2026
- 6th March 2026
- 3rd April 2026
- 1st May 2026
- 5th June 2026
- 3rd July 2026





## Special Educational Needs (SEND)

Mrs Wilkinson is running parent drop in sessions.

**Who can attend?** Any parents.

**When will appointments happen?** Wednesday between 9 - 10 am and 2 - 3pm.

**How long will a session be?** 30 minutes

Please sign up for an appointment [here](#) if you would like to discuss any worries.

### Zones of Regulation



Happy  
Calm  
Focused  
Ready to learn

happy calm feeling ok



Frustrated  
Worried  
Silly / Wiggly  
Loss of some control

frustrated worried silly / excited



Sick  
Sad  
Bored  
Tired/ Moving Slowly

sad tired sick



Mad/ Angry/ Mean  
Yelling/ Hitting  
Disgusted  
Out of Control

cross angry disgusted

### January Calendar

2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Home	2 Home	3 Home	4 Home
5 School	6 School	7 School	8 School	9 School	10 Home	11 Home
12 School	13 School	14 School	15 School	16 School	17 Home	18 Home
19 School	20 School	21 School	22 School	23 School	24 Home	25 Home
26 School	27 School	28 School	29 School	30 School	31 Home	



# Sutton Neurodevelopmental Needs One Stop Shop

**Support and advice for families with neurodevelopmental (ND) related needs like social skills, concentration levels or coping with change.**

A new drop-in service for Sutton families of children and young people aged between 5-18, with challenges which may be related to a neurodevelopmental presentation (Autism or ADHD). This could include emotional difficulties, behavioural challenges, problems with sleep, friendship issues, sensory difficulties, attention and concentration difficulties, and hyperactivity and impulsivity. Our health and care professionals can provide information, advice and signposting, and help you access services.

- Drop-in service - no need to book
- Supportive and friendly environment.
- Attend as a family, on your own or with other people who care for the young person (young people must be accompanied)
- All families from Sutton are welcome, whether or not you are on a waiting list
- No diagnosis needed
- Attending will not change your position on any waiting list

## The Sutton ND Needs One Stop Shop will be held at:

Sutton Carers Centre  
Sutton Gate, 1st floor  
1 Carshalton Road  
Sutton, SM1 4LE

## Opening hours:

- 12 January 2026, 13:00-16:00
- 26 January 2026, 13:00-16:00
- 09 February 2026, 13:00-16:00
- 23 February 2026, 13:00-16:00
- 09 March 2026, 13:00-16:00
- 23 March 2026, 13:00-16:00



For more information contact  
[needsbasedneuro@swlstg.nhs.uk](mailto:needsbasedneuro@swlstg.nhs.uk)



**NHS**  
South West London and  
St George's Mental Health  
NHS Trust

## Education Wellbeing Service Webinar

# Promoting Sibling Harmony

This webinar provides parents with evidence based tools and ideas for supporting and strengthening sibling relationships at home.

Managing sibling relationships can be challenging.

In this webinar, we will explore a range of ways to:

- foster positive sibling relationships
- manage everyday conflict
- and encourage cooperative play



Education  
Wellbeing  
Service

### DATE / TIME

Monday 26th January  
7.00-8.00pm



Scan the  
QR code  
or  
[click here](#)

### LOCATION

Online - Hosted on Teams

Sign up to either event  
for free on Eventbrite  
by scanning the QR Code.

You can also check out  
our other events by  
[clicking here](#)

[wellbeinginschoolsevents@swlstg.nhs.uk](mailto:wellbeinginschoolsevents@swlstg.nhs.uk)

### DATE / TIME

Tuesday 27th January  
1.30-2.30pm



Scan the  
QR code  
or  
[click here](#)



**NHS**  
South West London and  
St George's Mental Health  
NHS Trust

## Education Wellbeing Service Webinar

# Feeding and its difficulties in the Early years

A 1.5 hour long webinar to explore how feeding develops in the early years and how to create healthy eating habits that last a lifetime.



Education  
Wellbeing  
Service

### DATE / TIME

Wednesday 14th January.

12.00-1.30pm

Scan the  
QR code or  
[click here](#)



### LOCATION

Online - Hosted on Teams

Sign up to either event for  
free on Eventbrite  
by scanning the QR Code.

You can also check out our  
other events by  
[clicking here](#)

[wellbeinginschoolevents@swlstg.nhs.uk](mailto:wellbeinginschoolevents@swlstg.nhs.uk)



wellbeinginschoolevents@swlstg.nhs.uk

South West London and  
St George's Mental Health  
NHS Trust

Education  
Wellbeing  
Service

## Parent/Carer Webinars

### Early Years Spring/Summer Term Schedule

Scan the QR code to sign up to any of these  
free local NHS webinars for nursery/reception parents & carers

We also provide free 1:1 early support  
for parents of primary aged children  
to support their child's common  
worries and anxieties, or support  
children's everyday challenging  
behaviours.

Speak to your school to find out more.



**Feeding and its  
difficulties in the  
Early years**

14<sup>TH</sup> January 12.-1.30pm

23<sup>RD</sup> February 8.15 - 9.30pm

27<sup>TH</sup> February 12.00 - 1.00pm

**Starting early - how to help  
your child learn practical  
skills at a young age**

**Managing big feelings in  
small people; tantrums,  
aggression & how to  
respond**

20<sup>TH</sup> APRIL 8.00 -9.00pm

24<sup>TH</sup> APRIL 12.00 -1.00pm

Respectful Open Collaborative Compassionate Consistent



## Clubs page

External companies who run clubs after school at VSI. Click on the logo to book a place!



Martial Arts: Pickup at 4.15pm

- Mondays Y1 & Y2 (Pickup at 4.15pm)



Football Club: Pickup at 4.15pm

- Tuesdays Girls Football Y1 & Y2
- Thursdays Boys Football Y1
- Fridays Boys Football Y2



Story telling & Dramatic play: Pickup at 4.15pm

- Wednesdays Y1 & Y2



French Club: Pickup at 4.15pm

- Thursdays Y1 & Y2



# MENU WEEK 1



### ALLERGEN KEY

1. Celery
  2. Gluten
  3. Crustaceans
  4. Eggs
  5. Fish
  6. Lupin
  7. Milk
  8. Molluscs
  9. Mustard
  10. Peanuts
  11. Sesame
  12. Soybeans
  13. Sulphites
  14. Tree nuts
- A/F Allergen Free



Catering provided by Greenshaw Learning Trust.  
All products are locally sourced wherever possible.  
All food is cooked fresh on the school site each day.

DAY	Item	Allergen Key	Item	Allergen Key	Item	Allergen Key	Item	Allergen Key
MONDAY	Cheese and Tomato Pizza 2, 7	A	Macaroni Cheese 2, 7	A	Garlic Bread Broccoli A/F		Chocolate Vanilla Mousse 7	A
TUESDAY	Chicken Burger 2	A, E	Vegetable Burger 2	A	Wedges Potatoes Sweetcorn		Carrot Cake 2, 4, 7	A
WEDNESDAY	Roast Chicken Dinner 2, 4, 7	B	Cauliflower and Broccoli Bake 2, 7	A	Roast Potatoes & Vegetables A/F		Old School Sprinkle Cake 2, 4	A
THURSDAY	Hotdog with Bun 2	B	Vegetable Pasta Bake 2, 7	B	Sweet Potato Fries Peas A/F		Fruit Jelly	A
FRIDAY	Battered Fish 2, 5	A	Quorn Nuggets 2	A	Chips & Peas/Beans A/F		Selection of Pudding	



"We are dedicated to minimizing our carbon footprint by actively reducing food waste throughout our operations, from sourcing to serving. Through staff training, supplier collaboration, and customer engagement, we are committed to making a positive environmental impact."

**AVAILABLE DAILY**

Wholemeal bread, fresh salads, a variety of seasonal fresh fruit, yogurts & jacket potatoes. Please note that all our dishes can be adapted to suit the majority of dietary requirements



GREENSHAW LEARNING TRUST



# MENU WEEK 2



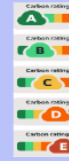
### ALLERGEN KEY

1. Celery
  2. Gluten
  3. Crustaceans
  4. Eggs
  5. Fish
  6. Lupin
  7. Milk
  8. Molluscs
  9. Mustard
  10. Peanuts
  11. Sesame
  12. Soybeans
  13. Sulphites
  14. Tree nuts
- A/F Allergen Free



Catering provided by Greenshaw Learning Trust.  
All products are locally sourced wherever possible.  
All food is cooked fresh on the school site each day.

DAY	Item	Allergen Key	Item	Allergen Key	Item	Allergen Key	Item	Allergen Key
MONDAY	Pepperoni Pizza 2, 7	A	Cheese Pin Wheel 2, 7	A	Wedges & Salad A/F		Strawberry Mousse 7	A
TUESDAY	BBQ Chicken With Rice 2	A	Sweet Potato and Lentil Curry with Rice A/F	A	Mixed Vegetables A/F		Apple Cake 2, 4, 7	A
WEDNESDAY	Sausage Roast & Yorkshire 2, 4, 7	A	Cheese and Bean Parcel 2, 7	A	Roast Potatoes & Carrots and Broccoli A/F		Fruit Crumble With Custard 2, 7	A
THURSDAY	Beef Lasagne Pasta 2, 7	A, E	Vegetable Noodles 2, 4, 12	A	Sweetcorn A/F		Lemon Drizzle Cake 2, 4, 7	A
FRIDAY	Fish Fingers or Salmon Fingers 2, 5	A	Baked Potato BBQ Beans/ Cheese 7	A	Chips & Peas/Beans A/F		Selection Of Pudding	



"We are dedicated to minimizing our carbon footprint by actively reducing food waste throughout our operations, from sourcing to serving. Through staff training, supplier collaboration, and customer engagement, we are committed to making a positive environmental impact."

**AVAILABLE DAILY**

Wholemeal bread, fresh salads, a variety of seasonal fresh fruit, yogurts & jacket potatoes. Please note that all our dishes can be adapted to suit the majority of dietary requirements



GREENSHAW LEARNING TRUST