



Victor Seymour Infants' School

Newsletter 12: 28/11/2025

Dear Parents, Carers and Guardians,

Thank you to everyone who has contributed to the Harvest Festival appeal. 🍏🥕🌿 The Food Bank are very grateful for your generous donations 🍅🥕



Team Ant Awards

Congratulations to our Team Ants! You always work as a team and always support your friends in everything that you do - we are so proud of the following Team Ants:

Noomi, Shantel, Sebastian, Jed, Grace T, Heiydan and Isla.



Shout out to the lovely **Noro**, whose name was missed off last week. She is a wonderfully sensible Squirrel - thank you for being you Nora!

Personal Achievements

Congratulations to the following children:

Gauri for her swimming achievement.

Jacob for winning a medal in Rugby.



Sylvie for being player of the match when playing against an Under 9 team!
Oliver for being awarded a Blue Peter Badge (all the teachers are so jealous!).
Jamie for being a real-life SUPERHERO when he went to the hospital for a blood test.

This week the wonderful Miss Watson has nominated **Purple** class for a Headteacher's Award for the amazing instructions that they have written this week.
Congratulations - we are very proud of you **Purple** class!!



Christmas Cards

From Monday 1st December, children can bring in Christmas cards for their friends.
Cards must have names AND class names.



Have a wonderful weekend!
Samantha Morrissy

Christmas Performances

Our **Christmas** events are rapidly approaching and we are excited to announce that each year group will be performing a musical extravaganza!



Reception are performing [Twinkly Nativity](#) on Friday 12th December at 9:30 am and 2 pm.

Year 1 are performing [The Fleece Force](#) on Tuesday 16th December at 9:30 am and 2 pm.

Year 2 are performing [Christmas with the Aliens](#) on Wednesday 17th December at 9:30 am and 2 pm.



There are a maximum of 2 tickets per performance for each family (click links above).
There is limited space in the hall for buggies and prams so please bear this in mind.



Please



read



carefully

+

and



fill in

the



form

for



tickets.



Autumn 2 dates

2/12/25: Y1 Learning Showcase 9 am or 2:45 pm

2/12/25: PTA collecting Bottle Tombola donations (morning drop off)

3/12/25: Y2 Learning Showcase 9 am or 2:45 pm

🎄 5/12/25: PTA Christmas Fair 4:30 - 6:30 pm 🎄



8/12/15: Open Morning for prospective Reception parents

🎄 12/12/25: YR Christmas Performance 9:30 am and 2 pm 🎄

🎄 15/12/25: Christmas jumper day and dinner 🎄

🎄 16/12/25: Y1 Christmas Performance 9:30 am and 2 pm 🎄

🎄 17/12/25: Y2 Christmas Performance 9:30 am and 2 pm 🎄

18/12/25: YN last day of Nursery

19/12/25: End of term (YR finish at 1.05pm, Y1 & Y2 finish at 1.10pm)

🎄 22nd December - 2nd January - Christmas Holidays 🎄

Back to school Monday 5th January 2026

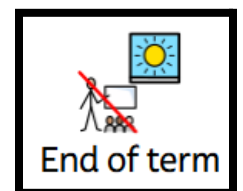
End of term timings

We finish early on Friday 19th December!

Reception 1:05 pm

Y1 and Y2 1:10 pm

Wraparound care 4 pm



Our VSI calendar can be found on our website [here](#).



We won a Christmas Tree!

The wonderful Ms Emms won a Christmas tree for Victor Seymour. Last night, School Parliament, Mrs Gardiner and SLT popped along to Dobbies to choose our very own Christmas tree. We had the best time exploring all the Christmassy things AND choosing the tallest tree we could find!

Thank you to Mrs Gauci for organising our evening trip and thank you to Ms Emms for winning a tree 🌲





VSI PTA Notices

Please donate to the

Bottle Tombola

Tuesday **2nd** December

Please donate a bottle of any kind;
wine, beer, soap, ketchup - unopened
and in date - to the Christmas Fair
Bottle Tombola!

We'll be collecting
donations at morning drop
off.

A background of various shades of green Christmas trees of different sizes, scattered across the page.A smaller version of the red rose logo located in the top right corner of the poster.

Victor Seymour PTA

Christmas Tree Sale

**Saturday 13th December
9:30am - 3:30pm**

- Trees of all sizes
- Nordman Firs
- Non-Drop Trees
- Card Payments Accepted

Victor Seymour Infants' School (Car Park)
Denmark Rd, Carshalton SM5 2JE



Special Educational Needs (SEND)

Mrs Wilkinson is running parent drop in sessions.

Who can attend? Any parents.

When will appointments happen? Wednesday between 9 - 10 am and 2 - 3pm.

How long will a session be? 30 minutes

Please sign up for an appointment [here](#) if you would like to discuss any worries.

Zones of Regulation

At Victor Seymour, we use Zones of Regulation as a tool to support children in understanding and regulating their emotions.

All emotions are good! They are normal! All we can do for ourselves, and the children, is recognise the emotion and choose how we will respond to it.

Here are some of the tools we use at VSI:



Happy
Calm
Focused
Ready to learn




happy




calm




feeling ok




Frustrated
Worried
Silly / Wiggly
Loss of some control



frustrated



worried



silly /
excited



Sick
Sad
Bored
Tired/ Moving Slowly



sad



tired



sick



Mad/ Angry/ Mean
Yelling/ Hitting
Disgusted
Out of Control



cross



angry



disgusted



South West London and
St George's Mental Health
NHS Trust

Education Wellbeing Service Webinar

Building Strong Bonds: How to build Healthy and Secure Attachment/Relationships with Children

Join us for an insightful workshop designed for parents and carers, where we will explore the Circle of Security model, a proven approach to fostering secure and healthy attachments with children.

This session will guide you through the fundamental principles of the model, helping you understand your child's emotional needs and how to respond in ways that build trust and security.

You will learn strategies to enhance your caregiving skills, promoting a strong, supportive bond that nurtures your child's development and well-being.

Education
Wellbeing
Service



DATE / TIME

Monday 8th December
1.00-2.00pm



Scan the
QR code
or
[click here](#)

LOCATION

Online - Hosted on Teams

Sign up to either event
for free on Eventbrite
by scanning the QR Code.

You can also check out
our other events by
[clicking here](#)

wellbeinginschoolsevents@swlstg.nhs.uk

DATE / TIME

Thursday 11th December
7.00-8.00pm



Scan the
QR code
or
[click here](#)



NHS
South West London and
St George's Mental Health
NHS Trust

Education
Wellbeing
Service

Education Wellbeing Service Webinar

Understanding and Supporting Your Child's Sleep



The topic of sleep comes up a lot during our discussions with parents and carers and it's something that can impact the whole family.

During this webinar we'll look at why sleep is so important for our children, how to create the right environment and routine to aid high quality sleep, the importance of independent settling, and some common sleep challenges for families.

DATE / TIME

Tuesday 9th December
1.00-2.00pm



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Clubs page

External companies who run clubs after school at VSI. Click on the logo to book a place!



Martial Arts

- Mondays Y1 & Y2

Pickup at 4.15pm



Football Club

- Tuesdays Girls Football Y1 & Y2
- Thursdays Boys Football Y1
- Fridays Boys Football Y2

Pickup at 4.15pm



Story telling & Dramatic play

- Wednesdays Y1 & Y2

Pickup at 4.15pm



French Club

- Thursdays Y1 & Y2

Pickup at 4.15pm



**BALLERS
SPORTS
CLUB**

 **REVIEWS.io**



5 stars average on reviews.io

BALLERS CHRISTMAS CAMP



22-23 DEC, 2025
Football and Multisport Camps



INFORMATION

- ✓ Football and Multisport
- ✓ Christmas Fun Day
- ✓ Free Fruit and Water
- ✓ Excellent Facilities
- ✓ Qualified Coaches
- ✓ Sibling Discount
- ✓ Ages 4-12



MUSCHAMP PRIMARY SCHOOL

Muschamp Rd,
Carshalton,
SM5 2SE

For more information: info@ballerssportsclub.co.uk



AFTER SCHOOL FRENCH CLUB

VICTOR SEYMOUR INFANTS'
SCHOOL



lingo 
Sutton

THURSDAYS: 15:15-16:00



We are so pleased to let you know that our popular French after school club will be continuing in the Spring Term!

The club is available for YRS 1 & 2 .

Our clubs are led by highly qualified, DBS checked teachers, who are most of all a lot of fun (& awesome linguists)

ABOUT US

Lingotot Sutton is a successful, award-winning, language business led by Sarah Lester. We teach KS1 and KS2 children in several primary schools in Sutton and run lots of after school clubs. We are passionate about encouraging children to love language learning.

HEALTH AND SAFETY

We take your child's well-being very seriously. All teachers hold certificates in first aid, safeguarding, food and hygiene, control of infectious diseases and are DBS checked.



£9.00 per
class



Wraparound Care

Nursery Early Drop Off, Nursery Lunch Club, Breakfast Club and After School Club fees have now been added to your MCAS account for December.

Payments are due Friday 5th December 2025

Any issues with MCAS or making payments please contact office@vsi.school for Nursery, breakfastclub@vsi.school or afterschoolclub@vsi.school

**After School Club will close at 4pm on Friday 19th December (last day of term)
Children finish early and will go from the classroom to ASC.**

Harris Junior Academy Carshalton Y2 Tours:

Tuesday 2nd December at 9 am

Sign up here: <https://www.harrisjuniorcarshalton.org.uk/>

VSI Tours for children starting Reception in September 2026:


Monday 8th December 9 - 10:30 am

Sign up here: <https://www.victorseymourinfants.org.uk/>


Should I send my child to school?

Please read the NHS guidance [here](#)






FOOD FOR LIFE SERVED HERE



MENU WEEK 1


Week Commencing:
1/9/25, 15/9/25, 29/9/25,
13/10/25, 3/11/25, 17/11/25,
1/12/25 & 15/12/25



ALLERGEN KEY


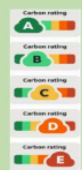
1. Celery
2. Gluten
3. Crustaceans
4. Eggs
5. Fish
6. Lupin
7. Milk
8. Molluscs
9. Mustard
10. Peanuts
11. Sesame
12. Soybeans
13. Sulphites
14. Tree nuts

A/F Allergen Free




Catering provided by Greenshaw Learning Trust.
All products are locally sourced wherever possible.
All food is cooked fresh on the school site each day.


MONDAY	Pasta Bolognese 2, 7 	Macaroni Cheese 2 	Garlic Bread Broccoli A/F	Apple Cake & Custard 2, 7
TUESDAY	Chicken Burger 2, 7 	Vegetable Burger 2, 7 	Crisp Cube Potatoes Sweetcorn 2, 7	Carrot Cake 2, 4, 7
WEDNESDAY	Roast Chicken Dinner 2, 4, 7 	Cheese & Tomato Pinwheel 2, 7 	Roast Potatoes & Vegetables A/F	Shortbread 2
THURSDAY	Mild Creamy Chicken Curry A/F 	Dhal Sweet Potato Curry 1, 2, 7 	Rice & Mixed Vegetables A/F	Old School Sprinkle Cake 2, 4
FRIDAY	Battered Fish 2, 5 	Quorn Nuggets 2 	Chips & Peas/Beans A/F	Strawberry & Vanilla Mousse 7


We are dedicated to minimizing our carbon footprint by actively reducing food waste throughout our operations, from sourcing to serving. Through staff training, supplier collaboration, and customer engagement, we are committed to making a positive environmental impact.



AVAILABLE DAILY Ham or Cheese Sandwiches, Wholemeal bread, fresh salads, a variety of seasonal fresh fruit, yogurts & jacket potatoes.
Please note that all our dishes can be adapted to suit the majority of dietary requirements




FOOD FOR LIFE SERVED HERE



MENU WEEK 2


Week Commencing:
8/9/25, 22/9/25, 6/10/25,
20/10/25, 10/11/25, 24/11/25 &
8/12/25



ALLERGEN KEY


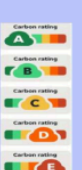
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MONDAY	Meat Pizza 2, 7 	Cheese & Tomato Pizza 2, 7 	Wedges & Salad A/F	Jelly & Fruit A/F
TUESDAY	Chicken Meatball Pasta 1, 2 	Vegetable Pasta Bake 2, 7 	Mixed Vegetables A/F	Marble Cake 2, 4
WEDNESDAY	Roast Chicken & Yorkshire 2, 4, 7 	Glamorgan Sausage Roast & Yorkshire 2, 4, 7 	Roast Potatoes & Vegetables A/F	Chocolate cookie 2
THURSDAY	Mild Beef Chilli With Rice 2	Mild Vegetable Chilli With Rice 2	Mixed Vegetables A/F	Lemon Drizzle Cake 2, 4
FRIDAY	Fish Fingers or Salmon Fingers 2, 5 	BBQ Quorn Fillet 2 	Chips & Peas/Beans A/F	Chocolate & Vanilla Mousse 7

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