



Victor Seymour Infants' School

Newsletter 11: 21/11/2025

Dear Parents, Carers and Guardians,

A week late... congratulations to the wonderful **Lime Class** for their incredible assembly last Friday. I was so impressed by your confidence, clear voices and team work. Our audience were equally enthralled by you all - well done!!



Sensible Squirrel Awards

Congratulations to our Sensible Squirrels:

Ava, **Elias**, **Hudson**, **Desmond**, **Lavanya** and **Alexis-Raye**.

We are so very proud of you all for being such amazingly sensible role models!



Headteacher Award

It's my greatest privilege to be able to award the Headteachers' Award to the wonderful **Harvey** this week. **Harvey** is a wonderful role model to his peers; always kind, caring, keen to learn and keen to help.

Mrs Francis also nominated **Austin** for working so hard on improving his handwriting - you are an amazing role model, all the time!

Thank you **Harvey** and **Austin** for being a part of VSI!



Have a wonderful weekend!
Samantha Morrissy



Disability Awareness

On Wednesday, the children in Years 1 and 2 had an assembly, which focused on looking at what disabilities are.

We learned:

- ★ We can't always see a disability
- ★ We must always be kind to those who do have a disability
- ★ We considered what it might be like to do certain daily activities with different disabilities
- ★ We also learned about some famous people who have a disability
- ★ We reminded ourselves that the best way to learn about each other is through showing kindness and being a good listener.

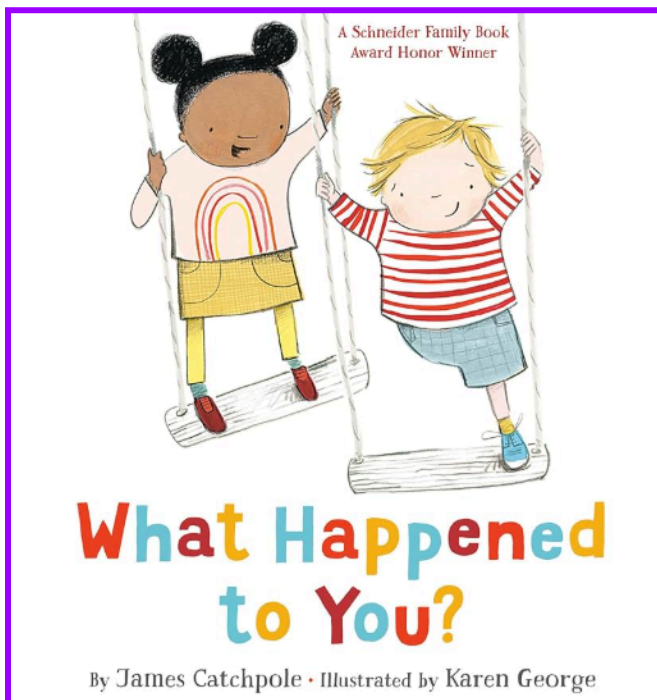


We finished by sharing the picture book *What happened to you?* by James Catchpole and Karen George.

There is some great advice and information on having open conversations with your children in the back of this book and at:

<https://www.scope.org.uk/advice-and-support/explaining-disability-to-kids>

Mrs Huggett
History Lead





Macmillan books visit Victor Seymour!

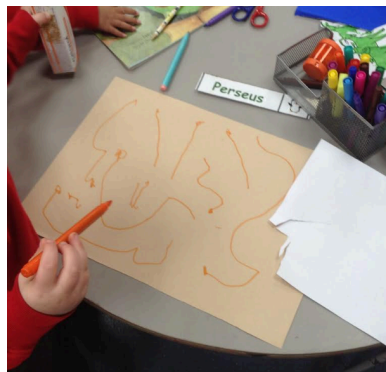
You may remember that Macmillan books made a generous donation of 500 books to our library! Clemency's mummy and her lovely film crew came to ask our teachers some questions about reading.



Thank you to Clemency's mum for donating so many wonderful reading books. Thank you also to **Mrs Francis**, Mrs Halsey, Mrs Maheshwari, Mrs Johnston and **Ms Emms** for being filmed!

Silver Class

Silver Class had a wonderful time in Tummytime this week! They've been working hard to strengthen their shoulder, arm and hand muscles. It's so much fun!





Special Educational Needs (SEND)

Mrs Wilkinson is running parent drop in sessions.

Who can attend? Any parents.

When will appointments happen? Wednesday between 9 - 10 am and 2 - 3pm.

How long will a session be? 30 minutes

Please sign up for an appointment [here](#) if you would like to discuss any worries.

Zones of Regulation

At Victor Seymour, we use Zones of Regulation as a tool to support children in understanding and regulating their emotions.

All emotions are good! They are normal! All we can do for ourselves, and the children, is recognise the emotion and choose how we will respond to it.

Here are some of the tools we use at VSI:



Happy
Calm
Focused
Ready to learn




happy




calm




feeling ok




Frustrated
Worried
Silly / Wiggly
Loss of some control




frustrated




worried




silly /
excited




Sick
Sad
Bored
Tired/ Moving Slowly



sad



tired



sick



Mad/ Angry/ Mean
Yelling/ Hitting
Disgusted
Out of Control



cross



angry



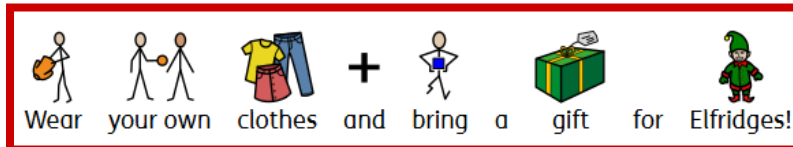
disgusted



Autumn 2 dates

26/11/25: Open Morning for prospective Reception parents

28/11/25: PTA Elfridges collection



2/12/25: Y1 Learning Showcase 9 am or 2:45 pm

3/12/25: Y2 Learning Showcase 9 am or 2:45 pm

🎄 5/12/25: PTA Christmas Fair 4:30 - 6:30 pm 🎄



8/12/15: Open Morning for prospective Reception parents

🎄 12/12/25: YR Christmas Performance 9:30 am and 2 pm 🎄

🎄 15/12/25: Christmas jumper day and dinner 🎄

🎄 16/12/25: Y1 Christmas Performance 9:30 am and 2 pm 🎄

🎄 17/12/25: Y2 Christmas Performance 9:30 am and 2 pm 🎄

18/12/25: YN last day of Nursery

19/12/25: End of term

🎄 22nd December - 2nd January - Christmas Holidays 🎄

Back to school Monday 5th January 2026

Our VSI calendar can be found on our website [here](#).



Flu community walk-in clinics

For children (Reception- year 11) who have missed the flu vaccine
(nasal and porcine free injection vaccine) at school



South London Children and
Young People's Community
Immunisation Service

Missed the flu vaccine?

**Do you have a child who lives in or attends
school in Sutton or Merton? Aged 4–16?**

Come along to a flu clinic and protect your child!

NO appointment required.

Saturday 22 November, 10:00 - 14:00
New Horizon Centre, CR4 1LT

Wednesday 3 December, 14:30 - 18:00
St Saviours Church, SW20 9DL

Saturday 6 December, 10:00 - 14:00
5th Sutton Scout Hall, SM1 4JN

**Call 020 3903 3371 / 3373
for more information!**



Flu Consent Link - Sutton

September 25



South West London and
St George's Mental Health
NHS Trust

Education Wellbeing Service Webinar

Building Strong Bonds: How to build Healthy and Secure Attachment/Relationships with Children

Join us for an insightful workshop designed for parents and carers, where we will explore the Circle of Security model, a proven approach to fostering secure and healthy attachments with children.

This session will guide you through the fundamental principles of the model, helping you understand your child's emotional needs and how to respond in ways that build trust and security.

You will learn strategies to enhance your caregiving skills, promoting a strong, supportive bond that nurtures your child's development and well-being.

Education
Wellbeing
Service



DATE / TIME

Monday 8th December
1.00-2.00pm



Scan the
QR code
or
[click here](#)

LOCATION

Online - Hosted on Teams

Sign up to either event
for free on Eventbrite
by scanning the QR Code.

You can also check out
our other events by
[clicking here](#)

wellbeinginschoolevents@swlstg.nhs.uk

DATE / TIME

Thursday 11th December
7.00-8.00pm



Scan the
QR code
or
[click here](#)



NHS
South West London and
St George's Mental Health
NHS Trust

Education
Wellbeing
Service

Education Wellbeing Service Webinar

Understanding and Supporting Your Child's Sleep



The topic of sleep comes up a lot during our discussions with parents and carers and it's something that can impact the whole family.

During this webinar we'll look at why sleep is so important for our children, how to create the right environment and routine to aid high quality sleep, the importance of independent settling, and some common sleep challenges for families.

DATE / TIME

Tuesday 9th December
1.00-2.00pm



Scan the
QR code
or
[click here](#)

LOCATION

Online - Hosted on Teams

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QR code
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**Worried about money, bills or debt?
Finding it hard to make ends meet?**

**Citizens Advice Sutton
can help you:**

- Get money and support you are eligible for
- Deal with bills and debt
- Get support with food costs
- Get other specialist help



Where:

Carshalton Family Hub & Children's Centre

When:

Thursdays, 11am-1pm

Just drop in to talk, no appointment needed.

This is available to any families currently using the Carshalton Family Hub & Children's Centre.



Sutton Community Works, registered charity number 1140363, in partnership with Citizens Advice Sutton

Early Years Parent/ Carer Support Morning



Do you have any concerns about your child's development?

Would you like to speak to a professional about your child in a relaxed environment?

Drop in anytime between 9.30-11.30am:
First Friday of every month

Play
Sleep
Eating
Sensory
Language
Nursery Support
Education Advice

Carshalton Family Hub and Children's Centre
Tweeddale Road
Carshalton
SM5 1SQ

020 8770 5801

Carshaltonhub@sutton.gov.uk



Sutton
Health & Care
Community Services





Clubs page

External companies who run clubs after school at VSI. Click on the logo to book a place!



Martial Arts

- Mondays Y1 & Y2

Pickup at 4.15pm

Click the image to book / join the waitlist!



Football Club

- Tuesdays Girls Football Y1 & Y2
- Thursdays Boys Football Y1
- Fridays Boys Football Y2

Pickup at 4.15pm

Click the image to book a space!



Story telling & Dramatic play

- Wednesdays Y1 & Y2

Pickup at 4.15pm

Click the image to book a space!



French Club

- Thursdays Y1 & Y2

Pickup at 4.15pm

Click the image to book a space!



Breakfast Club

Please ensure if you urgently need a session for your child; that you communicate with the office in person or telephone.

Open from 7.30am with food served until 8.10am.
With a choice of cereals, toast, yogurt, fruit, and milk.

Price per session is £7.50 child and siblings £6.50.
We accept all forms of government childcare scheme payments.

You can contact the team at breakfastclub@vsi.school



Harris Junior Academy Carshalton Y2 Tours:

Tuesday 2nd December at 9 am

Sign up here: <https://www.harrisjuniorcarshalton.org.uk/>

VSI Tours for children starting Reception in September 2026:

Wednesday 26th November 9 - 10:30 am

Monday 8th December 9 - 10:30 am

Sign up here: <https://www.victorseymourinfants.org.uk/>

Should I send my child to school?

Please read the NHS guidance [here](#)



VSI PTA Notices



VICTOR SEYMOUR
INFANTS' PTA

KRISPY KREME DONUT SALE

FRIDAY 21st NOVEMBER
After school

KRISPY KREME GLAZED DONUTS £1 EACH.



CHRISTMAS FAIR

FRIDAY 5 DECEMBER
4.30PM - 6.30PM

COME ALONG AND SUPPORT YOUR SCHOOL
AND ENJOY SOME FESTIVE CHEER!

FREE ENTRY!

ARTS & CRAFTS	TREAT BAGS	FESTIVE GAMES
HAIR BRAIDS	BOTTLE TOMBOLA	HOT FOOD
GLITTER TATTOOS	LICENSED BAR	SCHOOL CHOIR

*TOKENS REQUIRED FOR STALLS

VICTOR SEYMOUR INFANTS' SCHOOL
DENMARK ROAD, CARSHALTON SM5 2JE

FOR MORE INFORMATION EMAIL:
MYVSPTA@GMAIL.COM





VSI PTA Notices

MUFTI DAY

FRIDAY 28TH NOVEMBER

**WEAR YOUR OWN CLOTHES TO SCHOOL
AND DONATE A NEW, UNWANTED GIFT FOR AN
ADULT OR CHILD, OR DONATE £1.**

**ALL PROCEEDS GO TOWARDS OUR
ELFRIDGES (CHRISTMAS SHOP) EVENT IN
SCHOOL ON THE 10TH DECEMBER.**

Victor Seymour PTA

*Christmas
Tree Sale*

**Saturday 13th December
9:30am - 3:30pm**

- Trees of all sizes
- Nordman Firs
- Non-Drop Trees
- Card Payments Accepted

Victor Seymour Infants' School (Car Park)
Denmark Rd, Carshalton SM5 2JE



**PLEASE PASS THIS INFORMATION
ON TO YOUR PUPILS PARENTS/GUARDIANS
OFFER STARTS FRIDAY 28TH NOVEMBER**

mapac

BLACK FRIDAY

SALE

15% OFF EVERYTHING!

**4 DAY
OFFER**

28.11.25 - 01.12.25

**ONLINE
ORDERS
ONLY**

ENTER CODE

BF2025

AT CHECKOUT

**Starts Friday 28th November - 15% OFF all school uniform
& bags when you use the code **BF2025** at checkout!
Visit www.mapac.com/education/parents
and find your school to order!**

t: 01923 255525 e: parentcustomerservices@mapac.net
www.mapac.com/education/parents



Soil Association

MENU WEEK 1

Week Commencing:
1/9/25, 15/9/25, 29/9/25,
13/10/25, 3/11/25, 17/11/25,
1/12/25 & 15/12/25

MONDAY	Pasta Bolognese 2, 7 	Macaroni Cheese 2 	Garlic Bread Broccoli A/F 	Apple Cake & Custard 2, 7
TUESDAY	Chicken Burger 2, 7 	Vegetable Burger 2, 7 	Crisp Cube Potatoes Sweetcorn 2, 7 	Carrot Cake 2, 4, 7
WEDNESDAY	Roast Chicken Dinner 2, 4, 7 	Cheese & Tomato Pinwheel 2, 7 	Roast Potatoes & Vegetables A/F 	Shortbread 2
THURSDAY	Mild Creamy Chicken Curry A/F 	Dhal Sweet Potato Curry 1, 2, 7 	Rice & Mixed Vegetables A/F 	Old School Sprinkle Cake 2, 4
FRIDAY	Battered Fish 2, 5 	Quorn Nuggets 2 	Chips & Peas/Beans A/F 	Strawberry & Vanilla Mousse 7

ALLERGEN KEY

1. Celery
2. Gluten
3. Crustaceans
4. Eggs
5. Fish
6. Lupin
7. Milk
8. Molluscs
9. Mustard
10. Peanuts
11. Sesame
12. Soybeans
13. Sulphites
14. Tree nuts

A/F Allergen Free

Catering provided by Greenshaw Learning Trust.
All products are locally sourced wherever possible.
All food is cooked fresh on the school site each day.

AVAILABLE DAILY Ham or Cheese Sandwiches, Wholemeal bread, fresh salads, a variety of seasonal fresh fruit, yogurts & jacket potatoes.

Please note that all our dishes can be adapted to suit the majority of dietary requirements

"We are dedicated to minimizing our carbon footprint by actively reducing food waste throughout our operations, from sourcing to serving. Through staff training, supplier collaboration, and customer engagement, we are committed to making a positive environmental impact."

Soil Association

MENU WEEK 2

Week Commencing:
8/9/25, 22/9/25, 6/10/25,
20/10/25, 10/11/25, 24/11/25 &
8/12/25

MONDAY	Meat Pizza 2, 7 	Cheese & Tomato Pizza 2, 7 	Wedges & Salad A/F 	Jelly & Fruit A/F
TUESDAY	Chicken Meatball Pasta 1, 2 	Vegetable Pasta Bake 2, 7 	Mixed Vegetables A/F 	Marble Cake 2, 4
WEDNESDAY	Roast Chicken & Yorkshire 2, 4, 7 	Glamorgan Sausage Roast & Yorkshire 2, 4, 7 	Roast Potatoes & Vegetables A/F 	Chocolate cookie 2
THURSDAY	Mild Beef Chilli With Rice 2 	Mild Vegetable Chilli With Rice 2 	Mixed Vegetables A/F 	Lemon Drizzle Cake 2, 4
FRIDAY	Fish Fingers or Salmon Fingers 2, 5 	BBQ Quorn Fillet 2 	Chips & Peas/Beans A/F 	Chocolate & Vanilla Mousse 7

ALLERGEN KEY

1. Celery
2. Gluten
3. Crustaceans
4. Eggs
5. Fish
6. Lupin
7. Milk
8. Molluscs
9. Mustard
10. Peanuts
11. Sesame
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