



*Forever Learning: Limitless potential for every child*

## Our PSHE Curriculum

<b>PSHE</b>		
<p><b>Purpose of Study</b></p> <p><b>What is PSHE?</b></p> <p>Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum.</p> <p>Here at Victor Seymour we see PSHE as an essential part of the curriculum but also recognise that there is a legal right for parents to withdraw their child from SRE element of PSHE . We would ask parents to discuss with the headteacher any reasons they might have for doing this.</p> <p>Within the Subject Framework the main areas covered are:</p> <ul style="list-style-type: none"> <li>★ Health and Well-being</li> <li>★ Relationships</li> <li>★ Living in the Wider World</li> </ul> <p>PSHE requirements are accounted for in the Early Years Foundation Stage Statutory Framework the heading PSED The practitioners follow these by developing the children's sense of :</p> <ul style="list-style-type: none"> <li>★ Self Regulation</li> <li>★ Managing Self</li> <li>★ Building Relationships</li> </ul>		
<b>Intent</b>		
<b>Skills</b>	<b>Knowledge</b>	<b>Provision</b>
<p><b>HEALTH AND WELLBEING</b></p> <ul style="list-style-type: none"> <li>★ Understanding our bodies</li> <li>★ Understanding the concept of Being HEalthy</li> </ul>	<ul style="list-style-type: none"> <li>★ Keeping healthy including food we eat,</li> <li>★ physical activity, Sleep, hygiene, medication, being sun safe, good</li> </ul>	<ul style="list-style-type: none"> <li>★ Having a good attitude towards looking after our health.</li> <li>★ Demonstrating positive choices with food.</li> <li>★ Understanding how important our bodies</li> </ul>

<ul style="list-style-type: none"> <li>★ Feeling confident to ask questions about bodies.</li> <li>★ Knowing how to talk to each other respectfully about our differences</li> <li>★ Knowing how to ask for help</li> </ul> <p><b>KS1 RELATIONSHIPS</b></p> <p>To show respect for others</p> <p>To show empathy for others</p> <p>To demonstrate skills as a good listener</p> <p><b>LIVING IN THE WIDER WORLD</b></p> <p>To show understanding of being part of a team</p> <p>To think and learn about how money influences our life</p> <p>To thoughtfully question and respond to others</p>	<p>dental habits, feelings, emotions</p> <ul style="list-style-type: none"> <li>★ Individuality, body parts , growing and changing, people who help us keep healthy and safe.</li> </ul> <p>The roles of different people in their lives, different types of families, family life, friendships, resolving conflict and facing challenges, understanding and dealing with sorrow, sadness, and loneliness and who to ask for help, healthy relationships, bullying, safe internet communication, keeping our body safe, understanding who to ask for help, treating ourselves with respect, treating others with respect, listening to others and showing empathy.</p> <ul style="list-style-type: none"> <li>★ Understanding the need for rules, caring for others and other living things, looking after the environment, the roles of people in the community, how they share similarity and also have differences to others, money and how we choose to spend it, jobs people do to earn money.</li> </ul>	<p>are.</p> <ul style="list-style-type: none"> <li>★ Being open to learning about differences.</li> <li>★ Being confident with our own bodies.</li> </ul> <ul style="list-style-type: none"> <li>★ To appreciate that every family is different.</li> <li>★ To appreciate every family is special.</li> <li>★ To feel happy with our own individuality.</li> <li>★ To regulate our emotions and begin to understand that emotions and feelings can be controlled.</li> <li>★ To know who to go to if they feel unsafe in a home or friendship situation.</li> <li>★ To show respect for one another.</li> <li>★ To understand that we are all part of the community, that Victor Seymour fits into our community.</li> <li>★ How we live, learn and work closely together to respect and help one another.</li> </ul>
<p><b>Implement</b></p>		
<p><b>First Quality Teaching</b></p>	<p><b>VSI Pedagogy</b></p>	<p><b>Timetabling and Coverage</b></p>
<ul style="list-style-type: none"> <li>★ An exciting and interesting PSHE curriculum uses a variety of approaches.</li> <li>★ At Victor Seymour our children enjoy PSHE/ PSED through excellent role modeling from our staff, through specific PSHE lessons which may incorporate Circle Time, Sharing Time, Drama, P4C (Philosophy for Children),</li> </ul>	<ul style="list-style-type: none"> <li>★ Each lesson may need photographs, stimuli such as props or music to develop children's thinking.</li> </ul>	<ul style="list-style-type: none"> <li>★ PSED is within the Prime Area of The EYFS and is visited within every part of our teaching and learning in Nursery and Reception.</li> <li>★ In KS1 -PSHE should be taught 1 hour per week, alongside assemblies.</li> </ul>

Mindfulness, Yoga, SEAL (Social and Emotional Aspects of Learning) themed assembly stories.		
<b>Opportunities</b>	<b>Subject Leaders</b>	
<ul style="list-style-type: none"> <li>★ All PSHE learning has cross-curricular links with other subject areas..</li> <li>★ At VSI we have other PSHE opportunities for learning outside of the timetabled lessons: <ul style="list-style-type: none"> <li>○ Weekly assembly</li> <li>○ Year group assemblies</li> <li>○ Celebration assemblies</li> </ul> </li> </ul>	<p>The PSHE subject leader is responsible for:</p> <ul style="list-style-type: none"> <li>★ Planning the strategic direction and development of PSHE at VSI.</li> <li>★ Leading Teaching and Learning in PSHE and sharing expertise to support staff.</li> <li>★ Guiding and supporting CPD and staff development for specific teachers . TA's or as a whole school.</li> <li>★ Managing PSHE resources.</li> <li>★ Being the drive for PSHE as a subject and promoting and developing the VSI PSHE vision.</li> </ul>	
<b>Impact</b>		
<b>PSHE Cultural Capital</b>	<b>PSHE Culture</b>	<b>Future love of PSHE</b>
<ul style="list-style-type: none"> <li>★ PSHE enables our pupils to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of becoming young adults. Students are provided with opportunities to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. They are encouraged to develop their sense of self worth by developing competencies and by playing a positive role in contributing to school life and the wider community.</li> </ul>	<ul style="list-style-type: none"> <li>★ With a passion for learning about ourselves, keeping ourselves happy and healthy as members of both our school and family units , the enthusiasm to embrace PSHE will be evident in the children's attitude to learning in all aspects of the school curriculum.</li> </ul>	<ul style="list-style-type: none"> <li>★ Pupils know how and why skills of empathy, safe and healthy living and understanding our differences is important in the outside world, and in the in the school community. . They know about different ways that awareness of Personal, Health and Social Development can be useful both personally and to those around them.</li> <li>★ Children across the school articulate well about expressing their uniqueness and who to turn to if support is needed as they grow and develop into mature young people.</li> </ul>